

# product information Sept. 2016 to Aug. 2017 Fundraising Season



#### Elmira Select Boneless Breast

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein				
100 g	80	1g	0 g	0 g	40 mg	450 mg	0 g	17 g				
Product Num	ber: <b>3295</b> 6	509	Fund	Iraising	Selling Price	: \$36.00	Pa	ck Size: 3.0				
Approximately 15 breasts												



## Fully Cooked Breast Meat Ouik Strips™ s

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless.

	Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
E	100 g	120	3 g	1.0 g	0 g	70 mg	410 mg	0 g	25 g	
P	roduct Num	ber: <b>6905</b>	605	Fund	draising	g Selling Price	e: <b>\$35.00</b>	Pa	ck Size: 2	.00 kg



#### Breaded Chicken Bites EGMSW

Juicy, boneless breast meat bites in a deliciously seasoned crumb coating; perfect plain, dipped or

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein				
100 g	210	10g	1g	0 g	35 mg	780 mg	15 g	15 g				
Product Number: 6325600 Fundraising Selling Price: \$25.00 Pack Size: 2.00												
Approximately 60-70 pieces												



An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven! Serve with your favourite tasty sauce.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	6 g	0.5 g	0.29 g	30 mg	470 mg	17 g	14 g
Product Num Approximate			Fund	Iraising	Selling Price	: \$27.00	Pa	ck size: <b>2.</b> 0



Tender sliced whole breast portions lightly breaded in a spicy coating. Great on a sandwich or as a satisfying entrée with a salad or vegetables.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	5 g	0.5 g	0 g	30 mg	400 mg	20 g	15 g
Product Num <b>Approximate</b>			Fund	raising	Selling Price	: \$30.00	Pa	ck Size: 2.



These breaded burgers are 100% white breast meat specially developed for both the oven and the fryer. A simple and convenient meal idea your kids will love!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
70 g	140	5 g	0.5 g	0 g	15 mg	300 mg	15 g	8 g	
Product Num 30 burgers	ber: <b>4345</b> 0	603	Fund	Iraising	Selling Price	e: <b>\$22.00</b>	Pa	ck Size: 2.	10 kg



Satisfy your hunger and sink your teeth into our 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
150 g	350	23 g	13 g	0 g	100 mg	640 mg	6 g	25 g	
Product Num	ber: <b>1030</b> 1	196	Fund	lraising	Selling Price	: \$35.00	Pa	ck Size: 4	.54 kg
30 patties									

**Allergens:** E = Eggs, G = Gluten, M = Milk Ingredients, S = Soy, Su = Sulphites, W = WheatAllergen Statement: All products are produced in a facility that handles the above allergens.



#### Bacon Cheddar Griller - Unbreaded Stuffed Chicken Breasts MS

Our delicious chicken breast glazed and stuffed with a blend of cheddar cheese and bacon. Perfect for the grill or baked in the oven.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
170 g	220 g	9 g	4.5 g	0.2 mg	95 mg	780 g	4 g	31 g	
Product Num Approximate			Fund	lraising	Selling Price	: \$27.00	Pa	ck Size: 1.	36 kg



#### Breaded Stuffed Breast Chicken Divan GMSW

Tender, juicy all white boneless breast meat fillet with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
118 g	220	11 g	3 g	0.2 g	40 mg	520 mg	16 g	16 g	
Product Num	ber: <b>4395</b>	604	Func	lraising	Selling Price	: \$23.00		Pack Size	: 1.36 kg



#### Breaded Stuffed Breast Chicken Cordon GMSW

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham; coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
118 g	230	10 g	3 g	0.2 g	45 mg	710 mg	17 g	16 g	
Product Num	ber: <b>4395</b>	602	Func	lraising	Selling Price	: \$23.00		Pack Size	: 1.36 k



Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
150 g	250	12 g	2.5 g	0.4 g	30 mg	730 mg	21g	15 g	
Product Nur 18 portions	nber: <b>4395</b>	600	Fund	Iraising	g Selling Price	: \$35.00	Pa	ick Size: 2	.70 kg



#### Sweet & Savory Rotisserie Style Chicken Pieces SSuW

Unbreaded chicken pieces glazed and seasoned with a sweet and smokey rub. Perfect for cooking in the oven or on the grill.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	150	10 g	3g	0.1 g	50 mg	950 mg	2 g	13 g	
Product Num	ber: <b>6365</b>	611	Fund	Iraising	Selling Price	: \$30.00	Pa	ck Size: 2	chickens

## Fully Cooked Unbreaded Seasoned Wings s

Unbreaded, seasoned and fully cooked chicken wings. Eat them plain or dress them up tossing or dipping in your favorite sauce. A perfect option to suit everyone's tastes.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	210	15 g	4 g	0 g	70 mg	560 mg	1g	17 g	
Product Number: 6205610 Approximately 60-70 wings			Fund	Iraising	Selling Price	: \$30.00	Pa	ck Size: 2.	.00 kg



Our turkey sausage is juicy and full of flavour. They are great for any meal prepared in the oven, stove top or grill!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	140	7 g	2.0 g	0.1 g	70 mg	470 mg	4 g	16 g	
Product Num <b>Approximate</b>			Fund	raising	Selling Price	: \$30.00	Pa	ck Size: 2.	00 kg

For specific ingredient information please don't hesitate to call: 1-800-663-5694.



Fundraiser Salesperson:	
Phone Number:	Salesperson's email

## **Collect orders from supporters**

Supporters make cheques payable to:

Organizer or Organization (not JD Sweid Foods)

	3295609	3/15601	6325600	/1325603	/305602	13/15603	/305602	4395604	/305600	6905605	New!	6205610	1030106	6425600		
									- D d - d	Full Cardend	Potissorio	EC Unbroaded	IDS Classis	Fully Cooked	פ	
Supporter Name & Phone Number	Boneless Chicken	Unbreaded Bacon Cheddar	Breaded Chicken	Tender L'Oven	Spicy Breaded Chicken	Breaded Chicken	Breaded Chicken	Breaded Chicken	Breaded Chicken	Fully Cooked Breast Meat Quik Strips	Style Chicken	Seasoned	Choice Reef	Turkey	a l	Tota
Phone Number	Breasts	Griller	Bites	Fillets	Breasts	Burgers	Cordon	Divan	Parmesan	Ouik Strins	Pieces	Chicken Wings	Burgers	Sausage		Dolla
	\$36	\$27	\$25	\$27	\$30	\$22	\$23	\$23	\$35	\$35	\$30	6205610 FC Unbreaded Seasoned Chicken Wings \$30	\$35	\$30		
	Ψ50	721	427	421	Ψ,50	422	423	Ψ23	Ψ33	Ψ33	450	Ψ50	Ψ33	Ψ30		
															$\vdash$	
I boxes of each product	:															
	Total o	ases	v \$1	5.00 =		Profit e	arned by	this prog	ram							

Payment for	product i	is due	in ac	dvance
-------------	-----------	--------	-------	--------

Please return Sell Sheet to program organizer by:

Date

ELMIRA

3295609	Boneless Chicken Breasts
3415601	Unbreaded Bacon Cheddar Grille
6325600	Breaded Chicken Bites
4325603	Tender L'Oven Fillets
4305602	Spicy Breaded Chicken Breasts

4345603	Breaded Chicken Burger
4395602	Breaded Chicken Cordor

4395600 Breaded Chicken Parmesan
6905605 Fully Cooked Breast Meat Quik Strips™
6365611 Rotisserie Style Chicken Pieces

**6205610** F/C Unbreaded Seasoned Chicken Wings **1030196** JDS Classic Choice 5.3oz. Beef Burgers

6425600 Fully Cooked Turkey Sausage

4395604 Breaded Chicken Divan

Delivery Date: Time: Where:	Delivery Date:	Where:	Time:
-----------------------------	----------------	--------	-------